

World Suicide Prevention Day 2026



On September 10, 2026, the Rayburn College Auditorium hosted an observance of World Suicide Prevention Day centered on the global theme, "Changing the Narrative on Suicide: Start the Conversation." The gathering was jointly organized by the Centre for Community Initiative (CCI), the Department of Psychology, and Rayburn College Mental Health Club, supported by Petronet LNG Limited.

The session was compered by postgraduate students Ms. Thuamremkim and Ms. Elina Nemthianhoi. Ms. Chinglianniang, MHC In-charge, opened with a welcome address, followed by College Chaplain H. Liansuanthang's discourse titled "Theological Perspective on Suicide." Musical presentations were rendered by Ms. Chingmuankim and Chingbiakdik @ Dikdik of TMI. Prescilla Ngaineivah, Project Coordinator for the Mental Health Initiative at CCI, highlighted early intervention, community awareness, and breaking taboos around mental distress.

A key highlight was the "Changing the Narrative" Reel Competition, where fourteen youth used creative storytelling to foster dialogue. Stephen Ding secured first place (₹5,000), Lian John claimed second (₹3,000), and Melissa earned third (₹2,000). All registered participants received ₹1,000 and certificates, while creators Rythmic Zomi, Erick, Rudy Vaiphei, and Zenngaihsang received tokens of gratitude.

The program concluded with a vote of thanks by LMS David, MHI Consultant at CCI, reaffirming a shared commitment to building resilient, empathetic campus environments.

Meet our student



Robert Mawilalven is a cheerful six-year-old student with ADHD who brings happiness to his classroom with his bright smile and lively personality.

He joined TMI in April 2026. When he first joined the school, Mawilalven had limited communication skills and needed support to express his needs and wants. He mainly used single words to communicate.

Today, with consistent guidance, encouragement, and support from his teachers and parents, Mawilalven has made wonderful progress. He now actively participates in classroom activities and continues to develop his academic, communication, and daily living skills. He can now communicate using two- to three-word sentences to express his needs, wants, and ideas. He follows instructions, interacts with his teachers and classmates, and enjoys initiating conversations and activities with others. He is also becoming more independent in his daily routines.

Celebrating Our Mentors: Teachers' Day at MARC



Students from across all levels, led by the senior learners of Classes X and XII, gathered at MARC to honor their educators with a vibrant Teachers' Day celebration.

Compered by Jangmonchung (Class X), the program placed accessibility front and center, with continuous sign language interpretation provided by Paulamlun (Level C), Miss Thanching, and Daisy Phalthiankim (Class X). Tyson Lungousang (Class X) opened the morning with a warm welcome address, followed by a touching poem composed by Elizabeth Chawngzammawi (Class XII) and recited by Thanggousiam (Level C).

The morning featured lively student-led presentations, including special items from Chingbiakdik (EE III), Levels A and B, Neopi & Friends, Only Grace Home, and a presentation by Khumlalven (Class XII).

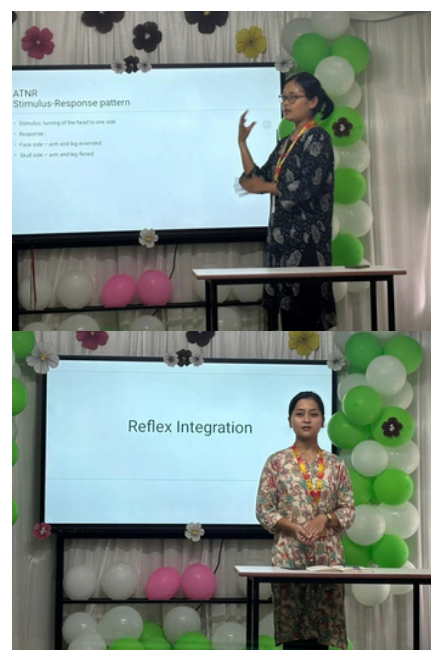
Following heartfelt reflections from attendees, the gathering concluded together with the Lord's Prayer—a touching tribute to the dedication, patience, and love our teachers share every day.

In-House Training on Reflex Integration at MARC

Staff of TMI recently participated in an enriching in-house knowledge-sharing session titled "Reflex Integration," held at MARC, Pearsonmun.

Facilitated by Ms. Goungaihlan and Ms. Manhauching, the interactive workshop provided educators and therapy personnel with a deeper understanding of primitive reflex integration and its pivotal role in early and adolescent neurological development. The discussions centered on how unintegrated reflexes can impact sensory processing, emotional regulation, posture, and motor coordination, offering the team practical, hands-on techniques to effectively identify and address these developmental hurdles in classroom and therapy settings.

Continuous professional development remains core to our mission at TMI. By regularly updating clinical and pedagogical approaches, our team ensures that each child entrusted to our care receives individualized, evidence-informed interventions tailored to unlock their fullest potential.



Three -Days Intensive Training on SEL



Educators and staff of The Malsawm Initiative (TMI) participated in an intensive three-day capacity-building workshop focused on Socio-Emotional Learning (SEL), aimed at deepening holistic, child-centered educational practices.

The sessions were facilitated by Mrs. Pallavi, Associate Director of National Partnerships at Dream a Dream, who served as the resource person. Throughout the three days, the training immersed the team in practical, reflective frameworks designed to help educators understand and respond to the varied emotional landscapes of children with disabilities. Key modules explored actionable strategies to facilitate self-awareness, emotional regulation, empathetic communication pathways, and creative classroom engagement.

Integrating socio-emotional competencies into daily routines equips our staff to build safer, more responsive learning spaces where every learner feels seen, understood, and encouraged.

The Centre for Community Initiative and The Malsawm Initiative extend their heartfelt gratitude to Mrs. Pallavi and Dream a Dream for their valuable time, collaborative spirit, and expert guidance in strengthening our team's mission toward inclusive education.

Project Mindlink, MHI Visits Partner Schools

Under Project Mindlink, the Mental Health Initiative (MHI) team at CCI conducted interactive awareness sessions at partner schools, including V K Tawna High School and New Lamka Upper Primary School (Govt School).

Supported by Petronet LNG Limited, the sessions engaged trained community barefoot counsellors to open meaningful dialogues with students and teachers. Discussions centered on understanding emotional wellness, adopting practical coping strategies, and encouraging peer support to break the silence around mental health.

By bringing mental health conversations directly into classrooms, Project Mindlink continues to build empathetic and supportive learning spaces. Sincere thanks to Petronet LNG Limited for their valued partnership in championing grassroots mental well-being.



International Day of Sign Languages Celebrated



In observance of the International Day of Sign Languages, the conference room at the Malsawm Ability Resource Centre (MARC) transformed into an engaging space of visual learning, empathy, and expressive communication.

The workshop was led by student resource persons Chiinkhawlching and Daisy Phalthiankim (Class XII), who guided the session with remarkable poise and confidence. Addressing administrative staff alongside visiting interns from Rayburn College, they introduced the essentials of Indian Sign Language (ISL)—covering foundational alphabets, numbers, and key conversational signs essential for daily interaction.

To translate learning into lived experience, attendees and students from Level-A upward participated in a school-wide "Non-Verbal Communication" challenge spanning from the lunch break through the third period. Navigating routine activities without spoken dialogue offered participants a powerful, firsthand appreciation of visual attentiveness, patience, and the diverse ways connection flourishes beyond speech.

By cultivating sign language literacy and championing inclusive environments, the initiative reaffirmed a foundational belief across our programs: true inclusion begins when every individual is given the tools to be seen, heard, and understood.

Staff Capacity Building : Mental Health Management



On September 17, 2026, CCI team gathered at Hebron Farm, Mata Mualtam, for a capacity-building retreat focused on Mental Health Management, facilitated by Counsellor Chingngaihlian Tunlut.

Through practical exercises and guided discussions, staff explored stress-regulation techniques, self-care practices, and strategies to prevent emotional fatigue while fostering mutual workplace support. Dedicated service in disability care and special education demands immense emotional resilience; taking time to pause allowed the team to recharge and reflect. CCI extends heartfelt gratitude to Miss Chingngaihlian Tunlut for sharing her expertise and guiding our team toward sustained well-being.

Holistic Care in Action: Empowering 40 Children at CDC Chandel



At the Community Development Centre (CDC) in Chandel, an extension of Centre for Community Initiative (CCI) supported by the SBI Foundation, we currently support 40 children with disabilities through a comprehensive, multidisciplinary model of care. Our integrated interventions combine guided group games to foster peer socialization, structured special education to sharpen cognitive skills, and targeted speech therapy to build communication confidence. Alongside these, specialized occupational therapy strengthens sensory processing and everyday independence, while hands-on physiotherapy enhances muscle tone, balance, and gross motor mobility.

Every milestone achieved reflects the profound devotion of our educators, therapists, and support staff at CDC Chandel. Their daily patience and skilled care create a safe, nurturing space where our learners can thrive. Step by step, we continue celebrating each small victory, fostering self-reliance, and working together toward a more inclusive future for every child.

Partner School Educators Convene for Capacity Building

Dedicated educators from Group 1 representing V K Tawna High School, Little Gems Academy, and New Lamka Upper Primary School recently came together for a productive day of peer learning and professional development.

The session offered teachers an open forum to exchange classroom experiences, refine pedagogical methods, and explore practical ways to foster more inclusive, supportive learning spaces for diverse learners. By collaborating across schools, teachers shared valuable strategies to boost student engagement, navigate developmental differences, and nurture emotional well-being in the classroom.

We extend our sincere thanks to all participating teachers for their active enthusiasm, openness, and ongoing dedication to empowering their students.

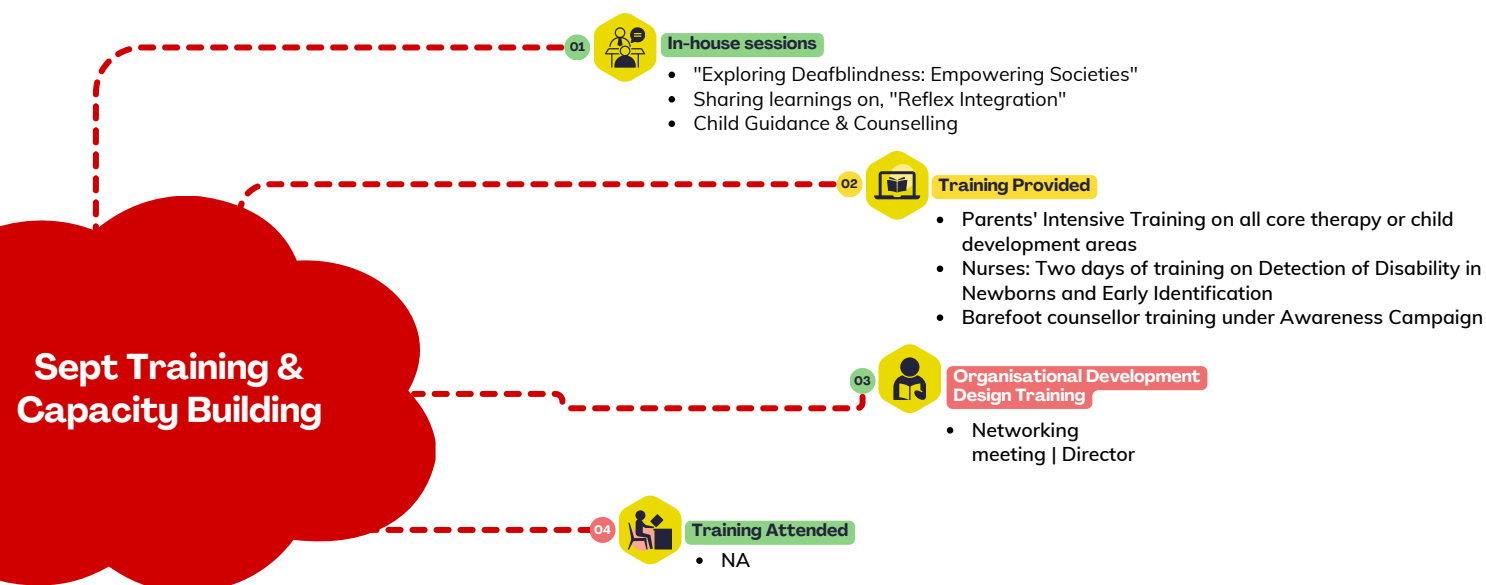


MONTHLY SCHEDULE

Date	Activity	Dept/Concern Person	Location
Oct 12 - 15	Networking meeting	Director	Mumbai & Delhi
Oct 8, 2026	In-house training: Sensory Integration	CB&T	MARC
Oct 8 & 9	PTM	EIU	CDCs/MARC
Oct 15, 2026	World White Cane Day	TMI	MARC
Oct 15, 2026	In-house training: Sensory Integration	CB&T	MARC
Oct 20, 2026	Awareness on Disability and HSP	Advocacy	MARC
Oct 22, 2026	In-house training: Sensory Integration	Cb&T	MARC
Oct 24, 2026	Parents training on Behaviour Management with Special Focus on Autism, Intellectual Disability & ADHD	CB&T	CDC
Oct 29, 2026	In-house training: Sensory Integration	CB&T	MARC
Oct 20-31	Group Interaction with parents.	TMI	MARC
Oct	- UDID Enrolment (fresh & digitized) - Welfare Schemes (disability) - Awareness on Disability and UDID Assessment	Coodinator (Advocacy)	MARC
Oct	MIS & Social media content	Media Coordinator	MARC
Oct	Training and capacity building & Financial literacy	PC, Livelihood	7 TDF Village Behiang Cluster
Oct	Distribution of livestock	PC, Livelihood	Behiang Cluster

MONTHLY SCHEDULE

Date	Activity	Dept/Concern Person	Location
Oct 27-31	Online PTM	TMI	MARC
Oct	Continue therapy Services	TSU	MARC
Oct	Continue home based service	HSP	Beneficiaries Home
Oct	Parents counseling	EIU & MHI	MARC
Oct	Awareness on Disability and HSP	EIU	YTBD
Oct	Experiential learning for Key Teachers	IEI	MARC
Oct	Continue handholding support to Key Teachers	IEI	MARC



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